**Drill / Color Guard Teams**

The Drill / Color Guard Teams teach cadets advanced drill techniques, leadership skills, and build teamwork. These teams require discipline, commitment, and extraordinary ability to be successful. They build these skills during mandatory after school practice

***The Drill Team***

The Drill Team is broken down into four components, Armed Drill, Unarmed Drill, Armed Exhibition Drill, and Unarmed Exhibition Drill.

Regulation Drill events are competitions that involve executing a sequence of movements led by a commander. The team is evaluated on their ability to precisely execute these commands as a team without error. The Armed Drill Team uses a M1903 Springfield replica rifle and competes in exhibition and regulation drill events. The Unarmed Drill Team does not use a rifle and competes in exhibition and regulation drill events.

Exhibition drill is broken down into two components, Armed Drill and Unarmed Drill. Exhibition drill is a modified routine that involves complex marching sequences that usually deviate from standard drill. Exhibition drill is often performed by Armed Forces Drill Teams, the drill teams at service academies and [ROTC](http://en.wikipedia.org/wiki/ROTC) and [JROTC](http://en.wikipedia.org/wiki/JROTC) units, and civilian drill teams that perform at [parades](http://en.wikipedia.org/wiki/Parade), drill meets, and half-time shows and other public venues.

Exhibition Drill events are competitions that involve 5-8 minutes of creative, various formations and movements, and synchronized movements that relate to military movements. Exhibition events also include 1 and 2 person events that consist of similar movements, but reduced to 2-3 minute time periods.

In an unarmed division, exhibition drill may consist of intricate precision [marching](http://en.wikipedia.org/wiki/Military_marching), along with various hand movements. Modified [step team](http://en.wikipedia.org/wiki/Stepping_%28African-American%29) routines may be used, but participants should remember that often during competition, exhibition drill is evaluated by military judges.

***Color Guard Team***

The Color Guard Team is broken down into two components, Armed and Unarmed Color Guard Drill. The military color guard is not to be confused with a marching band’s color guard. This is similar to the drill team regulation drill phase in that there is a fixed list of commands, armed or unarmed (weapons of choice) from a service’s drill and ceremonies manual that the cadet commander must memorize and execute with his/her color guard unit. Units are often required to "case" (commands required to cover the colors for transport/storage), and/or "uncase" (commands required to uncover the colors for competition/display) as a part of the competition.

***Drill Meets***

A Drill Meet is a competition for Military-style Drill Teams. Each meet has different phases: Many drill meets differ regarding what events are offered and what divisions of competition are presented. Drill meets generally include both an armed and unarmed divisions. Events offered generally include several different phases: Inspection, Color Guard Regulation Drill and [Exhibition Drill](http://en.wikipedia.org/wiki/Exhibition_Drill) in which they march intricate maneuvers along with manipulating equipment including [rifles](http://en.wikipedia.org/wiki/Rifle).

* + Inspection (I) : Each Drill team goes through a standard military inspection for an up-close critique of their bearing, knowledge and overall appearance.
	+ [Regulation Drill](http://en.wikipedia.org/wiki/Regulation_Drill) (RD) : A fixed list of verbal commands, armed or unarmed from a service’s drill and ceremonies manual (see also [Military parade](http://en.wikipedia.org/wiki/Military_parade)), given by a single cadet commander. This cadet commander must memorize these commands at most every meet and the team must perform these movements as per regulations.
	+ [Exhibition Drill](http://en.wikipedia.org/wiki/Exhibition_Drill) (XD) : XD is based in RD, but is then infused with a Driller’s imagination. XD has different categories:
	+ Solo (A single Driller)
	+ Dual (2 Drillers)
	+ Small Team (4-8 Drillers) (Squad)
	+ Platoon/Flight (13-17 Drillers)

**Advanced Drill Movements Links**

* + Independent Drill Library <http://www.independentdrill.com/mainsite/instructional/instructionalxd.shtml>
	+ Drill Dynamics Library <https://www.youtube.com/user/drilldynamics>

**Regulation Drill Videos Color Guard: Sling and Unsling Arms**

<http://drill-dynamics.com/videos/> <https://youtu.be/2BfHFOm8L9k>

**Parade Rest (Army TC 3-21.5) The Position of Attention (All Manuals)**

<https://youtu.be/yFKBPFbF_aM> <https://youtu.be/BW4dxJlR12Q>

**Unarmed Exhibition Videos  DTD Coach Kirsten Pacheco**

<http://drill-dynamics.com/videos/> <https://youtu.be/OTjqs3uMOGY>

**Whip Turns Arm Snaps**

<https://youtu.be/btXwvdUYzTY> <https://youtu.be/t9AcAtQGb6U>

**Slaps & Stomps**

<https://youtu.be/3zIvXGCHTc8>